

TSUSC NEWSLETTER

EDITION -2 | VOLUME - 2

JULY 2021



PRINCIPAL'S NOTE

Mrs. Mangala Madhavan
Principal, TSUS - Chennai

Dear Parents,

Namaste !!!

"Always be yourself, express yourself, have faith in yourself, do not go out and look for a successful personality and duplicate it". As rightly said by Bruce Lee. Personality is the total quality of an individual's behaviour as it is shown in his/her habits, thinking, attitudes, interests, his/her manner of acting and his/her personal philosophy of life.

Environment has profound influence in personality. So, it is imperative that we create an environment for children both at school and at home where they are heard, are given opportunities to participate, succeed, fail, and yet be unconditionally accepted for who they are.

Unconditional acceptance of children gives them the confidence to accept both failure and success. The month of July saw celebrations on Parents Day, Doctors Day, World Day for International Justice and we had lots of students who came forward to participate in competitions related to these. Sessions on Circle Time, Wonder time and Life Education conducted by our teachers got our

children to open up, giving them a platform to listen, think and speak.

Online support classes after regular online sessions are an initiative by our Hindi and Tamil teachers to provide fundamental language skills to students who need them. The school is making efforts to get children to acquire proficiency in languages they are introduced to at school, so that they become independent readers.

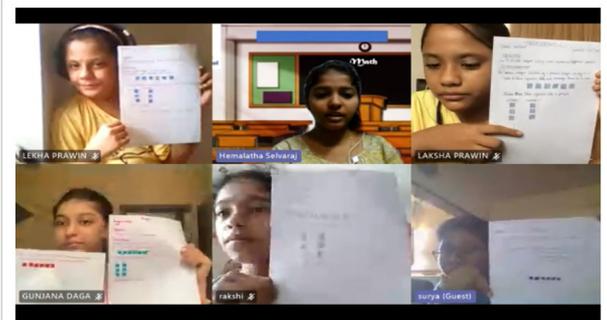
Yet another initiative is getting all our teachers and students to embark on Shri Connect for online practice tasks, online assessments, online HW etc. Our students of grade 6 and 7 also attended a 3-day Boot Camp on Coding and Artificial Intelligence by SEL.

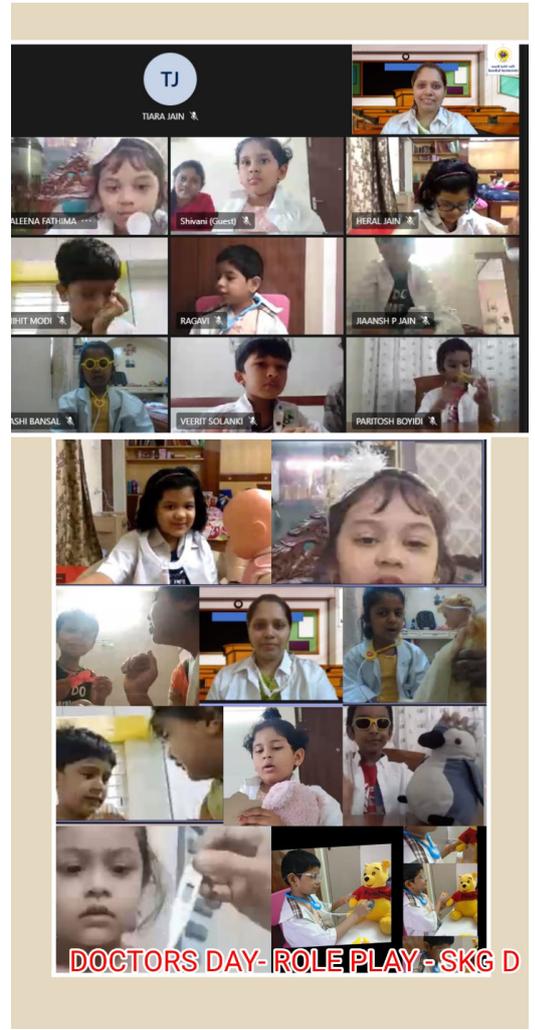
Virtual Parents Teachers Meet gave a good platform for our teachers to interact with parents. I would like to conclude by reiterating the power of THE THREE-WAY HANDSHAKE for nurturing our children the right way, which also happens to be one of our core belief.

Stay Healthy, Stay Safe.

**Warm regards,
Mrs. Mangala Madhavan**

VIGNETTES OF JULY MONTH

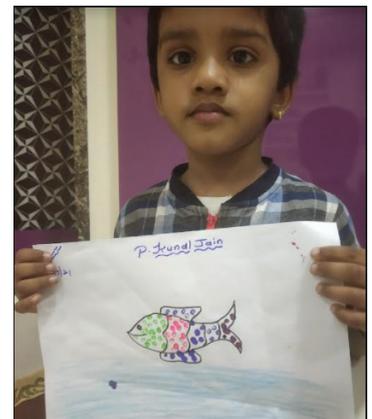




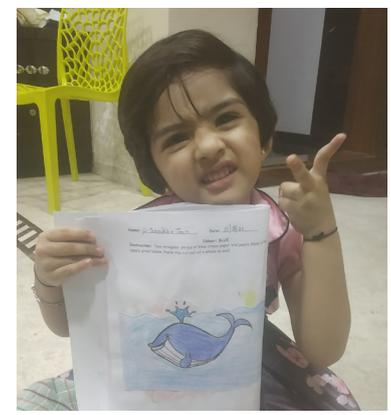
INSECT ACTIVITY



CHILD FRIENDLY SCISSORS ACTIVITY



Activity on insects



KNOCK! KNOCK... WE ROCK!

WHAT TO DO WITH "HE SAID, I'M STUPID!"...

It happened again, parents...

Your child runs in with red cheeks and swollen eyes and yells "He said I'm stupid". "You're not stupid," you reply right away. But your words just fly over their head. They don't hear you. All they hear is that other kid saying they are stupid. "He said I'm stupid, that means I'm stupid!!" These are the times you wish you could just bubble wrap your child to protect their self-esteem.

But...you know that's not the answer. Your child can't live in a bubble, and neither can you. Instead of trying to put them in a bubble, what if you could give them a shield? What if you could empower them to protect themselves from teasing and insults? Now that would be awesome. Not only will they have the power to stand up for themselves, but they will also gain confidence in the process.

*"I know your words are meant to upset me. **I will not let them.**"*

Your child will indicate –

- They understand the other's intent and calling them out on it.
- They are choosing not to spend energy on defending themselves.

Or *"I don't like being called that. I want you to **call me by my name.**"*

Your child will indicate –

- They are expecting others to be respectful.
- They will not tolerate verbal abuse.

These phrases aren't magic, but they do prepare your child. Just knowing the words to say can give them the confidence they need not feel like a victim.

For a child, this is empowering. Throw out the bubble wrap and give your child a shield instead. You want to protect your child but what happens when you aren't around to help? Give them some empowering words to stick up for themselves early on.

*"I did not have control over that. **It's not okay** to blame me."*

Your child will indicate –

- They will not allow themselves to be the victim.
- They are expecting others to be equally accountable for their choices.
- They are acknowledging what is within and outside of their control.

*"I understand that you are unhappy. **I don't deserve** to be treated like this."*

Your child will indicate –

- They are being a self-advocate.
- They are establishing behaviours that are acceptable within the relationship.
- They are being calm and polite.

*"That's not safe. I'm getting someone **to help.**"*

Your child will indicate –

- They aren't afraid to ask for help.
- They know that safety is the priority.

Your goal is not to insulate your child but to help them develop the awareness and skills to protect themselves when necessary.

Vaishali Sheth (JKG Educator)

THIS IS WHY WE DO. WHAT WE DO!!!

As a parent, I feel my daughter is much connected to the school, teacher and others. With difficult situation, I believe communication is key to my child's wellbeing and education and TSUSC school has and continues to fulfill this objectively and effectively. Further, I want my child to have fond memories of these early school years and it is her teacher and school, not me, that will be shaping her for the future. I believe, TSUSC really does it perfectly in grooming my child.

Pooja Rohit Nahar
M/o Kripti Nahar (Grade 2)

I'd like TSUSC for the following reasons:

- 1) The curriculum as well as the skill based activities are well planned.
- 2) The Year Planner is well adhered.
- 3) Sufficient time is given for preparing and submitting the HW and activities.

Dipa.V.Sheth
M/o Tisha V Seth (Grade 7)

Apart from studies the range of extra curricular activities the school offers is very good. The student will have many options to explore and focus on the one which they like.

Shruti Bhattad
M/o Shlok Bhattad (Grade 3)